



Ask Dr. Park: Top 10 CPAP Problems

<http://doctorstevenpark.com>

Top 3 Options

CPAP

Dental appliances

Surgery

CPAP: The Gold Standard?



CPAP: Negatives

5 Es

Education

Expectation

Experience

Expertise

Explore

Top 10 CPAP Problems

#1: Mask Discomfort

#2: Mask Air Leak

#3: Dry Mouth

#4: Ear & Sinus Fullness

#5: Bloating

#6: Pressure Too High

#7: Keep Taking Off

#8: Dry Stuffy Nose

#9: Claustrophobia

#10: Don't Feel Better

Sleepguide.com

Apneasupport.org

CPAPtalk.com

Questions?

doctorstevenpark.com